

# Sherwood Inn Party Catering - DISHES AND THEIR ALLERGEN CONTENT CHECK SHEET

The allergens listed and their derivatives should be considered– note we do not have a Gluten Free zone in our kitchens.

Cross contamination is possible though we do try to minimise any risk

Review date: January 2022 \_\_\_\_\_

Reviewed by: \_\_\_\_\_ Donna Kearney \_\_\_\_\_

<b>DISHES</b>														
List dishes below and tick allergens present	Cereals containing gluten	Peanuts	Nuts	Milk	Crustaceans	Mollusc	Eggs	Fish	Celery	Lupin	Mustard	Sesame seeds	Soya	Sulphur Dioxide
Chicken al a King & Rice			X	X					X					X
Chicken Curry & Rice			X	X					X		X			X
Chicken & Mushroom Vol au Vent	X		X	X			X		X	X		X		X
Chicken Stroganoff & Rice				X					X		X		X	X
Beef Stroganoff & Rice				X					X		X		X	X
Lasagne & Garlic Potatoes	X		X	X					X				X	X
Sweet & Sour Chicken & Rice	X								X				X	X
Spaghetti Bolognese	X		X	X					X				X	
Beef & Veg Casserole				X					X				X	X
Shepards Pie	X		X	X					X				X	X

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Chicken Maryland	X			X			X							
Roast Turkey & Ham	X													
Roast Beef	X													
Roast Chicken & Ham	X													
Bacon														
Mashed Potato				X										X
Carrots				X										X
Peas				X										
Potato Stuffing				X										X
Gravy – Gluten Free				X									X	
Bread Stuffing	X		X	X								X	X	
Yorkshire Pudding	X			X			X							
Peppered Sauce	X			X					X				X	
Parsley Sauce			X	X					X					X

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Diced Beetroot														X
Carrot & Nut	X		X	X			X							
Tomato Wedges											X			X
Baby Potato & Spring onion				X			X	X						X
Three Bean											X			X
Cucumber & Onion														
Cous Cous	X													
Mediterranean Orzo	X													X
Oriental Noodle	X								X		X	X	X	
Creamed Potato & Parsley							X							X
Coleslaw	X						X				X			
Green Leaf														
Penne & Parmasean	X		X	X										
Red Cabbage							X				X			

